

# Litany of the Dolorous Virgin Mary

Lord, have mercy on us.  
Christ, have mercy on us.  
Lord, have mercy on us.  
Christ, hear us.  
Christ, graciously hear us.  
God, the Father of heaven, have mercy on us.  
God, the Son, Redeemer of the world, have mercy on us.  
God, the Holy Ghost, have mercy on us.  
Holy Trinity, one God, have mercy on us.

Holy Mary, *pray for us.*  
Holy Mother of God, *pray for us.*  
Holy Virgin of virgins, *pray for us.*  
Crucified Mother, *pray for us.*  
Sorrowful Mother, *pray for us.*  
Tearful Mother, *pray for us.*  
Afflicted Mother, *pray for us.*  
Forsaken Mother, *pray for us.*  
Desolate Mother, *pray for us.*  
Mother bereft of thy Son, *pray for us.*  
Mother transfixed with the sword, *pray for us.*  
Mother consumed with grief, *pray for us.*  
Mother filled with anguish, *pray for us.*  
Mother crucified in heart, *pray for us.*  
Mother most sad, *pray for us.*  
Fountain of tears, *pray for us.*  
Sea of suffering, *pray for us.*  
Mirror of patience, *pray for us.*  
Rock of constancy, *pray for us.*  
Author of confidence, *pray for us.*  
Refuge of the forsaken, *pray for us.*  
Shield of the oppressed, *pray for us.*  
Subduer of the unbelieving, *pray for us.*  
Comfort of the wretched, *pray for us.*  
Medicine of the sick, *pray for us.*  
Strength of the weak, *pray for us.*  
Harbor of the shipwrecked, *pray for us.*  
Allayer of tempests, *pray for us.*  
Resource of mourners, *pray for us.*

Terror of the treacherous, *pray for us.*

Treasure of the faithful, *pray for us.*

Eye of Prophets, *pray for us.*

Staff of Apostles, *pray for us.*

Crown of Martyrs, *pray for us.*

Light of Confessors, *pray for us.*

Pearl of Virgins, *pray for us.*

Consolation of Widows, *pray for us.*

Joy of all saints, *pray for us.*

Lamb of God, who takest away the sins of the world, *spare, us, O Jesus.*

Lamb of God, who takest away the sins of the world, *graciously hear us, O Jesus.*

Lamb of God, who takest away the sins of the world, *have mercy on us, O Jesus.*

Look down upon us, free us, and deliver us from all trouble, by the power of Jesus Christ. Amen. O most holy Virgin, imprint thy wounds in my heart, that I may read therein sorrow and love: sorrow, to endure every sorrow for thee; love, to despise every love for thee.

*Say the Apostles' Creed, Hail Holy Queen, and three Hail Marys, in honor of the most holy Heart of Mary.*

### **Apostles' Creed**

I believe in God, the Father almighty, Creator of Heaven and earth, and in Jesus Christ, His only Son, our Lord. He was conceived by the Holy Ghost, and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended into Hell. On the third day He rose again. He ascended into Heaven, and is seated at the right hand of God the Father Almighty. He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### **Hail, Holy Queen**

Hail holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us. And after this our exile show unto us the blessed Fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Amen.

### **Hail Mary (three times)**

Hail Mary, full of Grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the Fruit of thy womb, Jesus. Holy Mary, mother of God, pray for us sinners, now and in the hour of our death. Amen.